

## PROGRAM COST

### Equine-Assisted Learning

#### Life Skills Development Program Series

a nationally recognized and uniquely designed equine-assisted program to develop leadership skills in some and life-skills in those at-risk.

Horse and Equipment Provided ..... \$40.00 each day  
Facility (indoor/heated arena, round pen, materials and supplies)

### Equine-Assisted Learning

#### Individual Skills Development Program Series

a nationally recognized and uniquely designed equine-assisted program to develop customized learning experiences that focus on enhancing specific skills in participants with special needs.

Horse and Equipment Provided ..... \$43.75 each day  
Facility (indoor/heated arena, round pen, materials and supplies)

## PROGRAM BENEFITS

When teams learn to be *Herd Savvy*, they learn how to value the strength of an individual and the significance each bring to the effectiveness of the herd. If they can learn how to put aside "the manure" that can block the team's overall intent, teams can become more successful while they use each individual's strengths for the betterment of the team. Thus effectively working as a unit.

#### Participants will:

- become efficient communicators and effective communicative listeners;
- develop healthy relationships and learn problem solving skills;
- find success over obstacles and learn to appreciate each other;
- build confidence & self esteem and overcome fear & develop confidence;
- develop personal work ethics, responsibility & appropriate assertiveness;
- observe the nature of the horse and realize it's importance to social success;
- learn the importance of hierarchy and learn the value of work and having fun;
- learn the importance of having; distinct personalities, attitudes & moods;
- engage in discussion & activity to learn more about the horse & themselves;
- abilities to be smart risk takers and fair minded team players;
- ability to create a win/win environment;
- improve group decision making and problem solving;
- along with other important personal development and leadership skills.

Since horses require work to care for, train & ride, they will learn that the "easy way" is not the right way. To find success, they will learn that horses require physical and mental work — a valuable characteristic in all aspects of life.

Most importantly, horses have the ability to mirror exactly what body language tells them. "This horse is stubborn", "this horse doesn't like me", but the lesson to be learned is that if they change themselves, the horse responds differently. But horses can't lie. It is through this honesty that makes a powerful message.

**The bottom line . . .  
It simply works**

## Cartier Equine-Learning Center

*where horses do the teaching . . .*

South Hill P.O. Box 23049,  
Prince Albert, SK S6V8A7  
phone: (306) 763-0386  
fax: (306) 747-2759

tamara@cartierequinelearningcenter.com

## Cartier Equine-Learning Center

*where horses do the teaching . . .*

*proven to be effective, powerful, interesting,  
exciting, positive, educational and creative!*

## Developing Valuable Skills While Using 'Horse Sense'



Customized equine-assisted learning experiences focus on enhancing abilities to encourage participants to expand their individual development while working together as a group.

Partner with us on this fabulous journey of empowerment, education and motivation, while assisting youth to feel good about themselves!

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## YOUTH PROGRAMS

The Cartier Equine-Assisted Learning Center invites you to partner with us on this inspirational journey that is making a big difference in the lives of youth in the community.

Equine-assisted learning experiential learning opportunities have proven to be a practical approach to teaching youth alternative skills for individuals to overcome when faced with difficult challenges and negative influences.

The Cartier Equine-Assisted Learning Center provides an opportunity to work through a

### **BUILDING**

**BLOCK™** equine-assisted learning program specifically designed to bring out the best in those that enter as participants while using 'Horse Sense'. The Cartier Equine-Assisted Learning



Center wants to help as many teenage sons and daughters feel better about themselves, increase their self confidence, inspire them to reach their full potential — to make a difference in

their lives.

Each exercise is custom designed to maximize the progressive learning potential and focus on developing individual skills as they work through each interactive group

challenge. Teams will work to: develop relationships; accept responsibility and accountability; overcome barriers to find change; be encouraged to be creative and innovative; find opportunity in working together; realize the benefits associated with effective communication; and recognize the value of mutual trust, respect, and personal integrity.